Autumn Winter Menu 2023/24 – Week One

13 Nov, 04 Dec, 1 Jan, 22 Jan, 12 Feb, 04 Mar, 25 Mar







Fakenham Infant

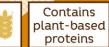
					•	
WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Planet Friendly Option	Mexican Bean & Roasted Vegetable Burrito	Cheese & Tomato Pizza & Mixed Salad	Quorn Sausage Casserole in a Yorkshire Pudding	Cheese & Onion Pastry Roll & Baked Wedges	Mediterranean Vegetable Pasta Bake	
Option Two	Homemade Macaroni Cheese	Chicken & Indian Lentil Tikka Masala Curry & Rice	Filled Yorkshire Pudding with Beef & Vegetable Mince & Roast Potatoes	Pork Sausage Roll & Baked Wedges	Fish Fingers & Chips	
Vegetables	Mixed Vegetables, Sweetcorn	Peas	Carrots, Seasonal Greens	Baked Beans Sweetcorn	Baked Beans, Peas	
Pasta	Pasta with Tomato Sauce					
Baked Jacket Potatoes	Jacket Potato with choice of either Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	
Dessert of the Day, Yoghurt or Fresh Fruit	Homemade Apple Sponge Cake	Oaty Flapjack Finger	Homemade Vanilla Sponge & Custard	Fruit Jelly	Chocolate Shortbread	

Available Daily: Packed Lunch

















Autumn Winter Menu 2023/24 – Week Two

30 Oct, 20 Nov, 11 Dec, 08 Jan, 29 Jan, 19 Feb, 11 Mar, 01 Apr



		·				
WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Planet Friendly Option	Loaded Cheesy Bean Hot Pitta Parcel	Plant-based Bolognaise Pasta with Lentils, Peppers & Basil	Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy	Homemade Macaroni Cheese	Cheese & Onion Pastry Roll & Chips	
Option Two	Homemade Cheese & Tomato Pizza & Mixed Salad	Hearty Pasta Bolognaise with Peppers	Toad in the Hole, Roast Potatoes & Gravy	Mexican Style Chicken & Bean Burrito	Fish Fingers & Chips	
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Veg, Sweetcorn	Baked Beans, Peas	
Pasta	Pasta with Tomato Sauce					
Baked Jacket Potatoes	Jacket Potato with choice of either Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	
Dessert of the Day, Yoghurt or Fresh Fruit	Apple Crumble	Homemade Lemon Cake & Custard	Banana Cake	Chocolate Cookie	Fruity Jelly	

Available Daily: Packed Lunch



















Autumn Winter Menu 2023/24 – Week Three

06 Nov, 27 Nov, 18 Dec, 15 Jan, 05 Feb, 26 Feb, 18 Mar, 08 Apr



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option	Quorn Sausage & Bean Loaded Hot Pockets	Plant-based Mince & Lentil Cottage Pie	Quorn Sausage, Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza & Mixed Salad	Cheese & Onion Pastry Roll & Chips
Option Two	Homemade Macaroni Cheese	Smoky Barbeque Chicken Meatballs & Rice	Roast of the Day, Roast Potatoes & Gravy	Beef Mince Chilli & Rice	Fish Fingers & Chips
Vegetables	Sweetcorn	Mixed Vegetables, Peas	Carrots, Seasonal Greens	Peas, Sweetcorn	Baked Beans, Peas
Pasta	Pasta with Tomato Sauce				
Baked Jacket Potatoes	Jacket Potato with choice of either Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans	Jacket Potato with choice of either Tuna Mayonnaise, Cheese or Beans
Dessert of the Day, Yoghurt or Fresh Fruit	Chocolate Banana Cake	Oaty Flapjack Finger	Homemade Chocolate Sponge & Custard	Lemon Drizzle Cake	Homemade Shortbread

Available Daily: Packed Lunch

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins







